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**MAPLE SYRUP FESTIVAL**

**April 2-3, 2022**

**Outdoor Festival**

**MapleSyrupFestival.ca**



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1 Tsp Maple Extract • 3 Cups Quick Oats • 1 Cup Sweetened • Shredded Coconut

In a saucepan, Melt Butter, add Milk and White & Brown Sugar. Bring to a frothy boil for 3 mins. Remove from heat, add Maple Extract and stir in Oats & Coconut. Mix well. Drop spoonfuls onto wax paper, best while mixture is still warm. Let cool at room temperature. Enjoy! 🍪



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THE

# SUNDERLAND



## MAPLE SYRUP FESTIVAL

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## Supporting Our Community

The Sunderland Maple Syrup Festival raises funds to support various local and municipal organizations and projects, including school programs. The Planning Committee volunteers spend many hours in planning and preparing for the fun-filled 2-day event. Many more volunteers support and help out during the festival weekend. The Festival has supported many local initiatives and, to date, we have distributed over \$50,000 throughout our community.

- Sunderland Town Hall Restoration
- Sunderland Fire Department (rescue van)
- Medical Centre
- Brock Community Food Bank
- Sunderland Public School Grade 8 Graduation
- Brock Youth Centre
- Sunderland Public School Healthy Snack Program
- Sunderland War Veterans Dinner
- Sunderland Public Library
- Brock Township Public Library
- Sunderland Fire Department (pulse meters)
- Cannington Fire Department (wet suits)
- Sunderland Public School (basketball rack)
- Sunderland Playground + Skateboard Park
- Brock High School Bursary
- Donations to the local 4-H Beef Club
- Sponsor "Movie Night" at the Sunderland United Church
- Sunderland Public School – 2 Data Projectors
- Sunderland United Church – Grand Piano Fund
- Sunderland Legion Branch 141
- Precious Minds
- Sugarbear and our Fall Fair

## Thank You to Our Sponsors 2022

Each year, it takes substantial funds to make the Festival such a fun-filled event for people of all ages. We have amazing sponsors who provide us with their generous support.

### DIAMOND

- Ontario Cultural Attractions Fund
- Value Propane

- Eastlink
- Reine Schickendanz
- Sunderland Co-op

- Communities Invest Durham
- Megna Pools
- Desjardins Landscaping

- A&B Mechanical Services
- Sunderland Landscape Supplies
- Brock Community Health Center

### EMERALD

- Mississaugas of Scugog Island First Nation
- Viper Marketing

### SILVER

- Northern Stoker Biomass Heating
- Ann Saunders
- Brown & Brethour Insurance Brokers Ltd.
- Durham Tourism
- Esprit Lifestyle

### BRONZE

- J&S Plumbing
- The Nourish and Develop Foundation
- Phoenix Poultry
- Titlers Professional Corporation

### FRIENDS

- Open Air Auto
- Sunderland Fire Department
- Sunderland Seniors Club

### GOLD

- Brelmar Veterinary Clinic

## MAYOR'S MESSAGE

# Brock

breathe it in.

Dear Friends,

On behalf of Council, welcome to the 2022 Sunderland Maple Syrup Festival which is celebrating its 25th year.

The Sunderland Maple Syrup Festival is an annual event held to celebrate the Canadian tradition of crafting and enjoying maple syrup. This event provides the perfect atmosphere to enjoy time with friends and family and indulge in food, shopping, visiting local farms and the sweet taste of maple syrup. There are many activities planned for the young and young at heart to participate in, with many opportunities to support local vendors.

Tremendous thanks go out to the volunteers and organizing committee for the countless hours involved in the planning and execution of this annual event for the past 25 years.

On behalf of the Council and residents of the Corporation of the Township of Brock, we hope that you enjoy your stay and take time to explore and take in all that our wonderful communities have to offer.

Congratulations on 25 years of family fun. Wishing the Sunderland Maple Syrup Festival many more years of success!

Sincerely,



John C. Grant

Mayor

Township of Brock



**Enjoy the Festival!**

**Laurie Scott, MPP**  
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# Schedule 2022

All times are approximate. Events are subject to change without notice.

## SATURDAY APRIL 2, 2022

10:00 am – 4:00 pm

### Stage (Pharmacy Parking lot)

9:00 am – 2:00 pm

Northern Stoker Biomass Heating demo at  
Northern Metalworks, 4 Thompson Road

- Jake Perry • Opening Ceremonies
- Lexy The Rap Dad • Legion Line Dancers
- Cash On The Barrelhead • Lexy The Rap Dad
- Erin & Paul • Big Shiny 90s

### Sunderland Public School

10:00 am – 3:00 pm

- **Book Sale** (Library at Sunderland Public School)

- **Bus Tours – Harlaine Maple Products and Historical Bus Tour** – tickets at the school \$5 per person, little kids free

### River Street/Albert Street

- **10:30 am** Pancake Eating Contest by Roadside Country Diner
- **12:30 pm** Bathtub Races (River St and Albert St) by Junior Farmers' Association of Ontario

### ALL DAY SATURDAY ONGOING EVENTS

### Outdoor Vendors Market on Main St/River St

- **Pancake Breakfast** at the Sunderland Legion with indoor and outdoor tables 8:00 am – 3:30 pm



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Titlers is proud to announce Megan Beck as the newest lawyer at the firm. Megan was born and raised in Sunderland and has worked at Titlers alongside George Smith since 2015. She attended Lakehead University in Thunder Bay for her legal education, where she graduated with First Class Standing. She looks forward to building her career with a focus on real estate law throughout Durham Region and the Kawartha Lakes!



- **Peameal on a Bun** – Sunderland Lions by Home Hardware
- **BBQ Burgers & Hotdogs** – Sunderland Firefighters – River St west of Church St
- **King Coins** (mini snacking pancakes) – Freemasons
- **Petting Zoo & Pony Rides** – Beside Arena – Tiger Paw Exotics
- **Horse & Wagon Rides** – boarding at the park or the school – sponsored by Value Propane \$3 per person return trip, little kids free
- **Sunderland & District Historical Society** – Historical Quiz

### SUNDAY APRIL 3, 2022

10:00 am – 3:00 pm

#### Stage (Pharmacy Parking lot)

- The Twangsters • Lexy The Rap Dad • Todd Phillips • Dana Ricker • Lexy The Rap Dad • Those Guys

#### Sunderland Public School

10:00 am – 2:00 pm

- **Book Sale** (Library at Sunderland Public School)
- **Bus Tours** – Harlaine Maple Products and

**Historical Bus Tour** – tickets at the school \$5 per person, little kids free

#### River Street/Albert Street

- **11:00** Pizza Eating Contest by Two Brothers Pizza
- **11:30** Lawn Tractor Pull demonstration (River St and Albert St) by 4-H Ontario

### ALL DAY SUNDAY ONGOING EVENTS

#### Outdoor Vendors Market on Main St/River St

- **Pancake Breakfast** at the Sunderland Legion with indoor and outdoor tables 8:00 am – 2:30 pm
- **Peameal on a Bun** – Sunderland Lions by Home Hardware
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## ABOUT

# Sunderland Maple Syrup Festival – A SWEET TRADITION 2022

Welcome to the 2022 Sunderland Maple Syrup Festival! Now in its 25th year (after a two-year pandemic-caused gap), this well-loved event attracts visitors from Toronto, Durham Region and the rest of the Greater Toronto Area – and even beyond! The festival offers a great opportunity to discover the many things that make Sunderland special, while celebrating the time-honoured Canadian tradition of making maple syrup.

**Note that this year, the festival will take place mostly outdoors!**

Our maple syrup farmers are proud to carry on producing the “liquid gold” that has been enjoyed since the 17th and 18th centuries.

Back then, sap from maple trees was boiled down in iron and copper kettles. What a difference a century or two makes! Nowadays, modern processing makes the job much

more efficient. You can find out just how much processing has changed by taking a tour of Harlaine Maple Products. Hop on a bus and travel to their sugar shack, where you will see a native and pioneer display, as well as the current production methods Paul Harder and his family use for their sweet creations.

Oh, and those buses can also take visitors on a historic tour. Bus tickets will be available at Sunderland Public School. The school is also a stop for the horse-and-wagon rides that are always such a hit with families. From the school, you can ride to the arena. Right next to the Arena, the Sunderland Historical Museum has their Historical Quiz available.

On Saturday, you can attend a Stoker Biomass Heating demonstration at Northern Metalworks, just up the road from the school.

Did you know that the new furnaces allow the use of grains, corn, pellets and other wood products for heating? Find out how. Also on Saturday, the festival offers bathtub races and a pizza-eating contest!

On Sunday, the 4-H Ontario's lawn tractor pull demonstration will



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take place as well as another pizza eating contest. If you have never seen one of these tractor pulls, you're in for a real treat! On both Saturday and Sunday, the Legion will be the site of pancake breakfasts from morning to early afternoon.

And shoppers, take note! On both days, River Street will also be lined with vendors selling everything from syrup to toys, hand-

crafted items, clothing and other great finds. Plus, Sunderland's local shops are taking part in sponsoring many of the events.

So, what are you waiting for? Mark your calendar to bring the kids, the grandparents, and even the dog! The people of Sunderland are excited to greet you and create sweet new memories.



2021



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# Maple Syrup Festival CLOTHING 2022

The cold weather is upon us. Want a warm pair of Maple Syrup Festival gloves, a toque or a sweatshirt? We have the following merchandise for sale.

Sunderland Maple Syrup Festival Clothing is now available at the Sunderland Co-op.



Toque \$20



Toque \$20



Gloves \$5



Sweatshirt \$25

Sweatshirts: M-10, L-13, XL-12, XXL-10, Size-number we have

Want to buy a 25th sweatshirt, toque or gloves.

Contact **Paul South**, at: [paul.south078@sympatico.ca](mailto:paul.south078@sympatico.ca)



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# Entertainment Schedule 2022

**STAGE** (PHARMACY PARKING LOT)



**SATURDAY APRIL 2, 2022**

10:00 am – 4:00 pm

- Jake Perry
- Opening Ceremonies
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- Legion Line Dancers
- Cash On The Barrelhead
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- Big Shiny 90s

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- Invest Durham
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Par

River St

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Maple St S

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**SUNDERLAND**  
MAPLE SYRUP FESTIVAL

April 2-3,

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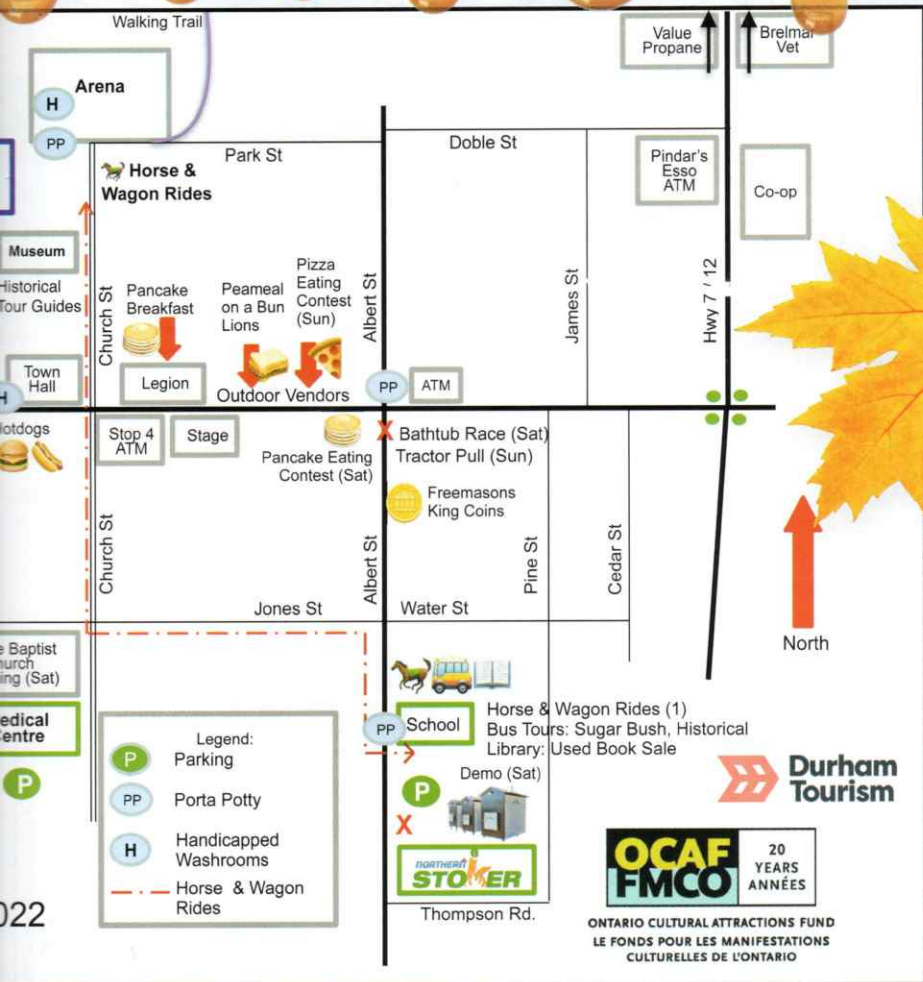
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# Vendor Directory 2022

## OUTDOOR VENDORS

- Ashton Maple Products
- Autumn's Bounty
- The Blue Leopard Face Painting
- Brock Sportsmen – Ducks Unlimited Canada
- The Candy Lady – Evelyn Thompson
- Cardinal Soaps
- Durham Honey
- El Tambache – bags, wallets, handknit clothing

- Fallen Tree Creations – handmade wooden items
- Get Baked
- Handley Acres Custom Creations – Christina Handley
- Hans Enterprise-tshirts, onesies, hoodies, caps
- Harlaine Maple Products
- Happy's Fun Zone
- Harmsen's Hockey
- Holmesmade Creations –



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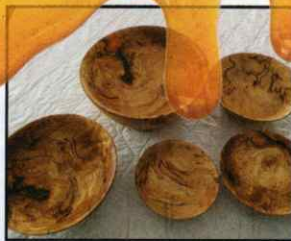


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- Lexy The Rap Dad – Friendly Fables
- Life Force Nutrition
- Lionart/Angry Carpenter (Sat only)
- Living Off Your Backyard
- My Lil Gem
- The Nourish and Develop Foundation – prepared foods
- Oakridges Finest
- Onni by Jill (Sat only)
- Omi Sweets & Treats
- Pampered Chef
- Pefferlaw Creek Farms
- Pinedale Maples
- PJ's Meats
- Raj Sweet and Treat
- Redheadco – scrunchies, bird houses, wood porch signs
- Reliable Insurance Brokers Inc.
- Ruralwave
- Scentsy – Cassandra Dorak
- Shomar
- Stained Glass by Leslee (Sat only)
- Tallboy Roasters
- Terry's Unique Hot Sauce
- Yura Sisa – arts & crafts, handbags, clothing



## OUTDOOR FOOD VENDORS

- Ben's Kettle Corn
- KabZza Canada – Vegan foods, crafts
- Freemasons
- Sunderland Firefighters
- Sunderland Lions

## TOWNHALL VENDORS

- Bernadette Tamlin – Tupperware
- Ian Ball – Watercolour Artist
- Mad Platters
- Cutting Edge Greetings
- Neil McLeod – Custom Woodworking
- Your Dreams in Wood by James Lukow



# Bath Tub Races 2022

SATURDAY APRIL 2<sup>ND</sup>

12:30 PM

in front of Bon Select Bistro

Entry Fee: \$10 or  
\$20 if renting a Festival Tub

Prize for the  
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For More Info—please contact  
David Jibb at 705-357-3040



## Sunderland Lions Club

*Welcomes You*

*To the 2022*

*Sunderland Maple Syrup Festival*

**VISIT OUR BOOTH ON THE MAIN STREET FOR PEAMEAL ON A BUN**

To volunteer and serve our community, meet humanitarian needs, and encourage peace and promote international understanding through Lionism.

Check our website for upcoming events

[www.sunderlandlionsclub.ca](http://www.sunderlandlionsclub.ca)



# WHERE CAN I GET LOCAL *Maple Syrup?*

## WHERE CAN I GET LOCAL MAPLE SYRUP? I USUALLY BUY AT THE FESTIVAL.

Here are six of our local producers that have supported the festival for many years.



### HARLAINE MAPLE PRODUCTS

#### Paul and Michael Harder

1015 Brock Conc Rd 1  
Sunderland  
Text or call:

**705-328-8159** for Paul

**705-328-8043** for Mike

harlainefarms@gmail.com

HarlaineMaple.ca

*2021 marks the 25th year that Harlaine Maple Products has welcomed visitors to its sugar shack as part of the Sunderland Maple Syrup Festival. Hundreds of people have visited their farm on Concession 1 south of Sunderland to see how an old-fashioned product is made using the latest in modern technology. Harlaine Maple Products are being sold at Sunderland Co-op year around.*

### PINEDALE MAPLES

#### Scott & Lori Baptie

12925 Sideroad 18  
Sunderland

**705-344-6685**

pinedalemaples@gmail.com

*Both the 2019 and 2020 First Tapping Ceremonies were at Pinedale Maples. Pinedale Maples also has its syrup for sale at the Home Hardware in Sunderland.*

### PEFFERLAW CREEK FARMS

#### John, Tony & Ben Tomory

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### ASHTON MAPLE PRODUCTS

#### – Robert Ashton

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Port Perry

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robashton4h@gmail.com

### AUTUMN'S BOUNTY

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705-761-2322

*We have a little self serve store area in our front porch at our farm where we have Maple Syrup, Honey and other farm items (eggs, pork, cheese) for sale year round.*

### OAKRIDGES FINEST FARM

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**647-833-6360**

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## Did you know?

For most folks, pure maple syrup is the yummy stuff they drizzle onto pancakes, waffles and porridge to make their breakfasts complete. When they find out exactly how the syrup is made, it takes on an even more cherished role in their culinary preferences. No matter how you pour it, maple syrup is time and labour intensive to produce.

Of course, things have changed from the 1600s, when Native Peoples in Canada carved slots into maple trees and used

strips of bark as spiles to extract the sap. What hasn't changed is using the sap as a sweetener and a natural remedy for certain ailments. Maple syrup contains minerals such as manganese, zinc, magnesium, calcium, riboflavin and potassium. In addition, syrup achieves similar antioxidant levels to broccoli and bananas.

Even with today's technology, however, the process of producing maple syrup is intensive. Here are a few facts that may make you look at the sweet stuff in a new way.

- The maple syrup season runs for a few weeks in the spring, when we have warm days and cool nights. The roots draw water from the ground, and as it makes its way up the trunk, it picks up maple sugars



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that were stored the previous summer.

- A maple tree has to be at least 40 years old to be big enough to tap.
- To keep the process sustainable, taps are placed in different spots each year so the previous years' holes can grow back.
- As the trees grow in diameter and mature, up to four taps can eventually be drilled into each.
- Contrary to what many people think, tapping the trees correctly does not damage them. In fact, some maples have been tapped for over a century.
- For every litre of syrup, farmers have to boil down 40 litres of sap.
- One tap will produce approximately 40 litres of sap over the season (equivalent to one litre of syrup).
- To give you some idea of the effect of the boiling process, sap has a sugar content of about 2.5%, while syrup averages 66.6%.
- In Ontario, maple syrup has to be graded according to colour and flavor. You will tend to use lighter syrup for sweetening your food. The darker syrup is preferred by some as a sweetener, but is usually used in baking.
- To make items such as maple sugar, candy and cream, the sap is boiled even more.
- When the evenings get consistently warm and the trees bud, the maple sap turns bitter, signifying the end of the season.
- Maple syrup does not freeze.

One of the high points of the Sunderland Maple Syrup Festival is traveling to Harlaine Farms to see how syrup used to be made with a team of horses pulled buckets of sap through the bush, as well as how it's made



today through the use of plastic tubing for sap collection. Boiling the sap in a massive cauldron has been replaced with modern evaporators.

Find out more at the Ontario Maple Syrup Producers Association website [omspa.ca](http://omspa.ca)



# Recipe

## MINI GERMAN PANCAKES

Makes 6 mini-puffs

German Pancakes are a popover. They are also known as Dutch Babies, Bismarcks or Dutch puffs. Think of a cross between an omelette and a soufflé. Simple recipe of milk, flour, sugar, eggs, vanilla extract and butter. Once removed from the oven, it collapses to form Yorkshire pudding-like sides with an omelette centre.

### Ingredients:

- 2 (100 g) Eggs
- 1/3 cup (80 g) Milk
- 1/2 tsp (3 g) Vanilla Extract
- 1 1/2 tsp (7 g) Granulated Sugar
- 1/3 cup (45 g) All-Purpose Flour
- 1 TBSP (15 g) Unsalted Butter
- 6-cup muffin pan

### Directions:

- Set oven to 350°F/180°C/Gas 4
- To a bowl, add eggs and whisk to break up yolks.
- Add milk, vanilla extract and sugar then



whisk.

- Add flour and whisk to remove lumps.
- If NOT using a silicon pan, spray muffin pan with non-stick spray.
- Put 1/2 tsp butter in each muffin hole.
- Place pan in oven for one minute to let butter melt.
- Remove from oven and spread around the melted butter.
- Pour 3 TBSP batter per muffin hole.
- Bake 25-30 min until the sides rise up and brown.
- Carefully remove from oven and watch the top and sides collapse and pull in from the sides.

Serve with a fruit topping, icing sugar or your favourite maple syrup and butter.

I'D PUT SOME  
**MAPLE  
SYRUP**  
ON THAT



Enjoy the Festival

Heather Porter  
Broker/Owner 705-344-1845



# Pancake Eating Contest 2022

**SATURDAY APRIL 2<sup>ND</sup>**

10:30 PM by the Roadside Country Diner

**All Contestants Enter at their OWN RISK**

Registration for this event no later than Saturday April 2 at 10:00 noon in front of the **Roadside Country Diner** to receive final instructions.

**We look forward to seeing you and GOOD LUCK TO ALL!**

## **RULES:**

- Contestants must not touch PANCAKES until the start signal
- Must consume entire stack of pancakes to be counted
- 5 contestants at a time will be given a stack of pancakes
- First to finish their stack wins that round
- Visible signs of sickness will result in disqualification
- The first round winners then will have a final round to pick the winner

**ENTRY FEE:**

**\$5:00**

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# Pizza Eating Contest

2022

SUNDAY APRIL 3<sup>RD</sup>

11:00 AM River Street/Albert Street

All Contestants Enter at their OWN RISK

Registration for this event no later than Sunday April 3 at 10:30 noon in front of the **Two Brothers Pizza** to receive final instructions.

We look forward to seeing you and GOOD LUCK TO ALL!

## RULES:

- Contestants must not touch PIZZA until the start signal
- Must consume all slices to be counted
- 5 contestants at a time will be given slices of pizza
- First to finish their slices wins that round
- Visible signs of sickness will result in disqualification
- The first round winners then will have a final round to pick the winner.



2018



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