



SUNDERLAND

MAPLE SYRUP FESTIVAL

April 1-2, 2023

MapleSyrupFestival.ca

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On Stage-Local Musicians | Lexy the Rap Dad for Kids
Bus Tours | Vendors

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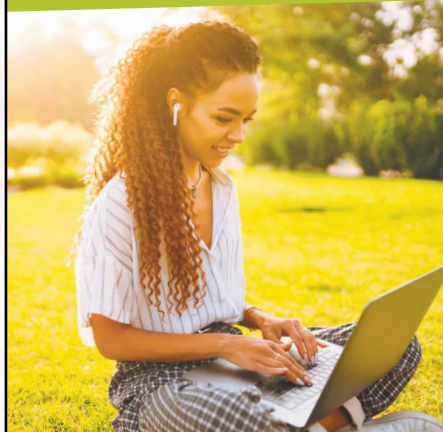
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MAPLE SYRUP FESTIVAL

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SUNDERLAND MAPLE SYRUP FESTIVAL 2023 3

Supporting Our Community

The Sunderland Maple Syrup Festival raises funds to support various local and municipal organizations and projects, including school programs. The Planning Committee volunteers spend many hours in planning and preparing for the fun-filled 2-day event. Many more volunteers support and help out during the festival weekend. The Festival has supported many local initiatives and, to date, we have distributed over \$50,000 throughout our community.

- Brock Community Food Bank
- Brock High School Bursary
- Brock Township Public Library
- Brock Youth Centre
- Cannington Fire Department (wet suits)
- Donations to the local 4-H Beef Club
- Medical Centre
- Precious Minds
- Sponsor "Movie Night" at the Sunderland United Church
- Sugarbear and our Fall Fair
- Sunderland Fire Department (pulse meters)
- Sunderland Fire Department (rescue van)
- Sunderland Legion Branch 141
- Sunderland Playground + Skateboard Park
- Sunderland Public Library
- Sunderland Public School – 2 Data Projectors
- Sunderland Public School (basketball rack)
- Sunderland Public School Grade 8 Graduation
- Sunderland Public School Healthy Snack Program
- Sunderland Town Hall Restoration
- Sunderland United Church – Grand Piano Fund
- Sunderland War Veterans Dinner

Thank You to Our Sponsors | 2023

Each year, it takes substantial funds to make the Festival such a fun-filled event for people of all ages. We have amazing sponsors who provide us with their generous support. We thank them for their kindness and generosity.

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Northern Stoker Biomass
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Mayors Message



Dear Residents and Visitors,

On behalf of The Council and The Corporation of The Township of Brock I welcome everyone to the 2023 Sunderland Maple Syrup Festival.

The Sunderland Maple Syrup Festival is one of our premiere events in Brock Township celebrating the age-old tradition of maple syrup in our township and indeed across Canada. There is so much to enjoy at this year's event as evidenced in the event schedule. Do what you can to take it all in. While you're enjoying the many events don't forget to visit the multitude of vendors, exhibitors, and farms taking part in this year's festival. There's a reason the event takes place over two days... there's so much to enjoy!

I want to also thank the many volunteers and organizers for this year's event. Organizing an event of this size is no easy task and they are all worthy of a very big pat on the back. Once again they have outdone themselves and we are all extremely proud of their accomplishment. These hard-working individuals continue to put on a great show for our residents and visitors.

To our visitors I wish to welcome you to Brock Township and on behalf of the Council and The Corporation of the Township of Brock, we hope that you enjoy your stay and take time to explore and take in all that our wonderful communities have to offer.

Sincerely,

Walter Schummer
Mayor, Township of Brock



Schedule | 2023

All times are approximate. Events are subject to change without notice.

SATURDAY APRIL 1, 2023

9:00 am – 4:00 pm

- **9:00 am – 2:00 pm** Northern Stoker Biomass Heating demo at Northern Metalworks, 4 Thompson Road

STAGE

- 9:00-9:45 Jake Perry
- 9:45-10:00 Opening Ceremonies
- 10:00-10:30 Legion Line Dancers
- 10:30-11:30 Lexy The Rap Dad
- 11:45-12:45 The Twangsters
- 1:00-1:45 Sonic
- 2:00-3:00 Lexy The Rap Dad
- 3:15-4:00 Those Guys

SUNDERLAND PUBLIC SCHOOL

- Book Sale – 10:00 am – 3:00 pm – Library at Sunderland Public School
- Bus Tours – Harlaine Maple Products and Historical Bus Tour – tickets at the school (10:00 am – 3:00 pm) under 6 free, 6-12 – \$2, Everyone else \$5
- Historical Bus Tour departs school at 10 am, 11:30 am, 1 pm and 2:30 pm

RIVER STREET/ALBERT STREET

- **12:30** Bathtub Races (River St and Albert St) by **Junior Farmers' Durham Region**

ALL DAY Saturday Ongoing Events

- Outdoor Vendors Market on Main St/ River St & Church St
- Pancake Breakfast at the Sunderland Legion with indoor & outdoor tables 8:00 am – 3:30 pm. Adult \$8 and children \$5
- Peameal on a Bun – Sunderland Lions by Home Hardware
- BBQ Burgers & Hotdogs – Sunderland Firefighters – River St west of Church St

ARENA

- King Coins (mini snacking pancakes) and Sausage on a bun – Freemasons

- Petting Zoo & Pony Rides – Tiger Paw Exotics. \$5 per pony ride
- Soper Creek Wildlife Rescue – 10:30 am, 1 pm, and 3 pm
- First Nation Cultural Tours – sponsored by Value Propane
- Storytelling 10 am and 1.30 pm, Powwow Performances 11 am and 2.30 pm
- Fallen Willow Forge demonstrations (John Walker will be demonstrating iron forging) – Sponsored by Northern MetalWorks
- Grace Baptist Church – Warming Centre 10-3 (Sat only)

SUNDAY APRIL 2, 2023

9:00 am – 3:00 pm

STAGE

- 9:00-9:45 Use Discretion
- 10:00-11:00 Lexy The Rap Dad
- 11:15-12:00 Erin Blackstock
- 12:15-1:00 Cash On The Barrelhead
- 1:15-2:15 Lexy The Rap Dad
- 2:15-3:00 Jonestown Gang

SUNDERLAND PUBLIC SCHOOL

- Book Sale – 10:00 am – 2:00 pm – Library at Sunderland Public School
- Bus Tours – Harlaine Maple Products and Historical Bus Tour – tickets at the school (10:00 am – 2:00 pm) under 6 free, 6-12 – \$2, everyone else \$5
- Historical Bus Tour departs school at 10 am, 11:30 am, 1 pm and 2:30 pm

RIVER STREET/ALBERT STREET

- **11:30** Lawn Tractor Pull demonstration (River St and Albert St) by 4-H Ontario


ALL DAY Sunday Ongoing Events

- Outdoor Vendors Market on Main St/ River St & Church St

- Pancake Breakfast at the Sunderland Legion with indoor & outdoor tables 8:00 am – 2:30 pm. Adult \$8 and children \$5
- Peameal on a Bun – Sunderland Lions by Home Hardware
- BBQ Burgers & Hotdogs – Sunderland Firefighters – River St west of Church St

ARENA

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ABOUT Sunderland Maple Syrup Festival - A SWEET TRADITION 2023

Welcome to the 2023 Sunderland Maple Syrup Festival! Now in its 26th year (after a two-year pandemic-caused gap), this well-loved event attracts visitors from Toronto, Durham Region and the rest of the Greater Toronto Area - and even beyond! The festival offers a great opportunity to discover the many things that make Sunderland special, while celebrating the time-honoured Canadian tradition of making maple syrup.

Our maple syrup farmers are proud to carry on producing the "liquid gold" that has been enjoyed since the 17th and 18th centuries. Back then, sap from maple trees was boiled down in iron and copper kettles. What a difference a century or two makes! Nowadays, modern processing makes the job much more efficient. You can find out just how much processing has changed by taking a tour of Harlaine Maple Products.



Hop on a bus and travel to their sugar shack, where you will see a native and pioneer display, as well as the current production methods Paul Harder and his family use for their sweet creations. Oh, and those buses can also take visitors on a Historic Bus Tour. Bus tickets will be available at Sunderland Public School.

By the arena see a Petting Zoo & Pony Rides, Draft Horse display, Soper Creek Wildlife Rescue, First Nation Cultural Tours and Fallen Willow Forge demonstrations.

Live stage entertainment including Lexy the Rap Dad.

On Saturday, you can attend a Stoker Biomass Heating demonstration at Northern Metalworks, just up the road from the school. Did you know that the new furnaces allow the use of grains, corn, pellets and other wood products for heating?

Find out how. Also on Saturday, the festival offers bathtub races.

On Sunday, the 4-H Ontario's lawn tractor pull demonstration will take place. If you have never seen one of these tractor pulls,

you're in for a real treat! On both Saturday and Sunday, the Legion will be the site of pancake breakfasts from morning to early afternoon.

And shoppers, take note! On both days, River and Church Streets will also be lined with vendors selling everything from syrup to toys, hand-crafted items, clothing and

other great finds. Plus, Sunderland's local shops are taking part in sponsoring many of the events.

So, what are you waiting for? Mark your calendar to bring the kids, the grandparents, and even the dog! The people of Sunderland are excited to greet you and create sweet new memories.



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Broker/Owner
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portersellsproperties@gmail.com



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Maple Syrup Festival

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Clothing available from the trailer at the festival



Toque \$20



Toque \$20



Gloves \$5

Want to buy a toque or gloves.

Contact Paul South, at: paul.south078@sympatico.ca



See our in-store
FESTIVAL SPECIALS!

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92 River St., Sunderland

Entertainment Schedule | 2023

STAGE



SATURDAY APRIL 1, 2023

9:00 am – 4:00 pm

- Jake Perry
- Opening Ceremonies
- Legion Line Dancers
- Lexy The Rap Dad
- The Twangsters
- Sonic
- Lexy The Rap Dad
- Those Guys

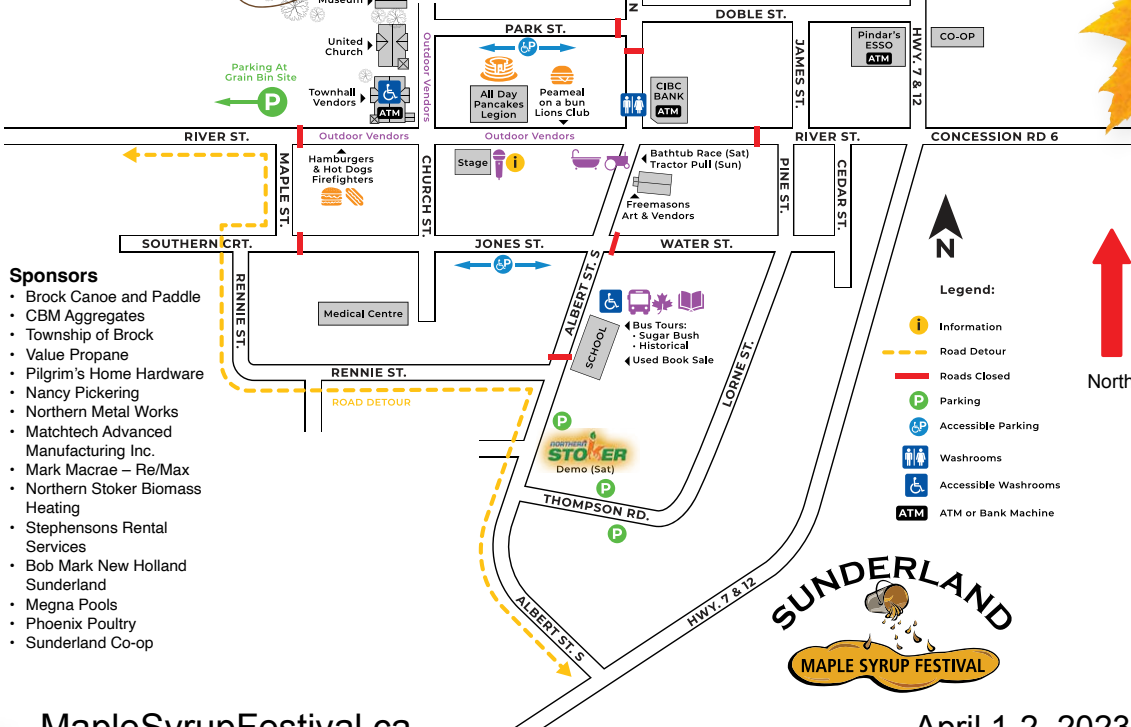
SUNDAY APRIL 2, 2023

9:00 am – 3:00 pm

- Use Discretion
- Lexy The Rap Dad
- Blackstock
- Cash On The Barrelhead
- Lexy The Rap Dad
- Jonestown Gang

Arena/Park Area

- Petting Zoo & Pony Rides
- Soper Creek Wildlife Rescue
- First Nation Cultural Tours
- Fallen Willow Forge



MapleSyrupFestival.ca

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Vendor Directory | 2023

RIVER STREET

- Aardvark
- Along the Bulrush Handcrafted
- Autumn's Bounty
- Believe Me Marketing Ltd.
- Brock Township Fire Department
- The Candy Lady – Evelyn Thompson
- Color Street & Sunset
- Gourmet Chevy's Colors & J's Delicious Cuisine and

Beverages

- Country Loonies/Doggity Do
- Ducks Unlimited Canada
- Durham Honey
- Ecuador Arts & Crafts
- Everything Maple and More
- Fallen Tree Creations – handmade wooden items
- Get Baked
- H2TBODY
- Handley Acres Custom Creations – Christina

Handley

- Happy's Fun Zone
- Harlaine Maple Products
- Harmsen's Hockey
- Holmesmade Creations
- Invisible Fence Brand of Central Ontario & Durham Regions
- J & L Photo Gift Shoppe
- Karenabambina
- (KOW) Knock on Wood Ceations
- Lexy The Rap Dad –

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- Scentsy + QueenBee Designs
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- Snippet of Spice and Snacks
- ShelleyPots
- Tallboy Roasters
- Tara O'Connor Visual Artist
- Terry's CBD for Life
- Terry's Unique Hot Sauce
- The Joy of Harvest
- The Timber Ripper
- Two Blokes Cider
- Veliotiko Products
- Woodchips & Sawdust Woodworking

CHURCH STREET

- The Art of Clive Kay
- Asiri's treasures
- Brisket Daddy BBQ (Sun only)
- Cameron Custom Woodworking
- Chambers Food Service
- Dancing Bee Equipment
- Designs By Diane
- Dellzines

- Droptine Maples
- El tambache (At Arena)
- Guided Forest Bathing & Maple H2O (Sun only)
- Just For Fun Concrete (Sun only)
- Hans Enterprise
- Maada'ookii
- Perfect Creations
- Pampered Chef
- Ruralwave
- The Nourish and Develop Foundation (TNDF) (Sat Only)
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- Ana's Fizz+
- Art de Claude
- Athena's Diaper Cakes & Hair Pretties
- Avon Sales Rep
- Clark's Creations
- Everyday Serenity
- Fifth Avenue Collection
- Kleon Live Edge
- Maple Beaver Bars (Sun only)
- My Lil Gem
- Northern Gnomes & Friends
- Patricia's Designs (Sat only)
- Spill the Chalk
- Terri's Krafty Korner

MASONIC HALL FINE ARTISTS

- Deborah Read
- Hyde Ends Leather
- Ian Ball
- The Mad Mudder Studio
- Mudslide Clay Works
- Pottery by Ruth-Anne
- Quirky Calico Designs
- Yumme Designs

WOOD DRAGON DESIGNS • WRB PHOTOGRAPHY

- Ben's Kettle Corn
- Jeffs Catering – Albert & Jones
- KabZza Canada – Vegan foods, crafts
- King Edward Masonic Lodge (at Arena)
- Marquez Churros (Remax Parking Lot)
- Sunderland Firefighters
- Sunderland Royal Canadian Legion #141
- The Sunderland Lions

TOWNHALL VENDORS

- The Blue Leopard Face Painting (downstairs)
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- Cutting Edge Greetings
- Farmhouse ewe (Sun only)
- Fawnytrinkets
- Kawartha Chocolate Boutique
- Ladybug Treasures
- Lavender Hills
- Lead Thread Studio
- Linda May Clarke Art (Sat only)
- Mary's Bears
- Miskers & Wiskers Handmadeables
- MorfoSoaps (Sun only)
- Muskoka Granola
- Neil McLeod – Custom Woodworking
- Tupperware/Norwex
- Your Dreams in Wood by James Lukow
- Woodworks by Chris



Bath Tub Races | 2023



SATURDAY APRIL 1ST

12:30 pm in front of
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Entry Fee:
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WHERE CAN I GET LOCAL MAPLE SYRUP?
I USUALLY BUY AT THE FESTIVAL.

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supported the festival for many years.

HARLAINE MAPLE PRODUCTS

Paul and Michael Harder

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Sunderland

Text or call:

705-328-8159 for Paul

705-328-8043 for Mike

harlaine farms@gmail.com

HarlaineMaple.ca

Harlaine Maple Products are being
sold at Sunderland Co-op year
around.

PINEDALE MAPLES

Scott & Lori Baptie

12925 Sideroad 18

Sunderland

705-344-6685

pinedalemaples@gmail.com

Pinedale Maples also has its syrup
for sale at the Home Hardware in
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PEPPERLAW CREEK FARMS

John, Tony & Ben Tomory

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Uxbridge

905-904-1547

orders@pcfarms.ca

www.pcfarms.ca

ASHTON MAPLE PRODUCTS

Robert Ashton

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Port Perry

905-852-2388

robashton4h@gmail.com

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our front porch at our farm where we
have Maple Syrup, Honey and other
farm items (eggs, pork, cheese) for
sale year round.



Did you Know?

For most folks, pure maple syrup is the yummy stuff they drizzle onto pancakes, waffles and porridge to make their breakfasts complete. When they find out exactly how the syrup is made, it takes on an even more cherished role in their culinary preferences. No matter how you pour it, maple syrup is time and labour intensive to produce.

Of course, things have changed from

the 1600s, when Native Peoples in Canada carved slots into maple trees and used strips of bark as spiles to extract the sap. What hasn't changed is using the sap as a sweetener and a natural remedy for certain ailments. Maple syrup contains minerals such as manganese, zinc, magnesium, calcium, riboflavin and potassium. In addition, syrup achieves similar antioxidant levels to broccoli and bananas.

Even with today's technology, however, the process of producing maple syrup is intensive. Here are a few facts that may make you look at the sweet stuff in a new way.

- The maple syrup season runs for a few weeks in the spring, when we have warm days and cool nights. The roots

draw water from the ground, and as it makes its way up the trunk, it picks up maple sugars that were stored the previous summer.

- A maple tree has to be at least 40 years old to be big enough to tap.
- To keep the process sustainable, taps are placed in different spots each year so the previous years' holes can grow back.
- As the trees grow in diameter and mature, up to four taps can eventually be drilled into each.
- Contrary to what many people think, tapping the trees correctly does not damage them. In fact, some maples have been tapped for over a century.
- For every litre of syrup, farmers have to boil down 40 litres of sap.
- One tap will produce approximately 40 litres of sap over the season (equivalent to one litre of syrup).
- To give you some idea of the effect of the boiling process, sap has a sugar content of about 2.5%, while syrup averages 66.6%.
- In Ontario, maple syrup has to be graded according to colour and flavor. You will tend to use lighter syrup for sweetening your food. The darker syrup is preferred by some as a sweetener, but is usually used in baking.
- To make items such as maple sugar, candy and cream, the sap is boiled even more.
- When the evenings get consistently warm and the trees bud, the maple sap turns bitter, signifying the end of the season.
- Maple syrup does not freeze. One of the high points of the Sunder-

land Maple Syrup Festival is traveling to Harlaine Farms to see how syrup used to be made with a team of horses pulled buckets of sap through the bush, as well as how it's made today through the use of plastic tubing for sap collection. Boiling the sap in a massive cauldron has been replaced with modern evaporators.

Find out more at the Ontario Maple Syrup Producers Association website omspa.ca



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Recipe

MAPLE GARLIC CHICKEN WINGS

INGREDIENTS:

WINGS

- 1.5 lbs Chicken Wings
- 1 TBSP (15 g) Olive Oil
- Fresh Ground Pepper to taste

SAUCE

- 1/2 cup (170 g) Dark Maple Syrup
- 1/2 cup (170 g) Water
- 1/4 cup (60 g) Soy Sauce
- 1 TBSP (15 g) Hot Sauce
- 1 TBSP (13 g) Granulated Sugar
- 1 TBSP (15 g) Butter or Olive Oil
- 4 Garlic Cloves, chopped OR 1 tsp Garlic Powder
- 1 tsp Cornstarch

DIRECTIONS:

WINGS

- In a plastic bag, coat wings with olive oil.
- Bake wings in an air fryer for 24 min at 360°F/ 180°C.
- At 16 and 8 minutes remaining, pause, shake, add fresh ground pepper then resume baking.

SERVE

- Place wings in a medium bowl, cover in the sauce and toss

Maple Garlic

Wings Are In Town



SOPER CREEK Wildlife Rescue

Durham Region's Only Wildlife Rehabilitation Hospital

Welcome to Soper Creek Wildlife Rescue, Durham Region's ONLY Wildlife Rehabilitation Hospital; we are licensed by the Ministry of Natural Resources & Forestry and Canadian Wildlife Services to rescue and rehabilitate sick, injured, abandoned, and orphaned wildlife. Our goal is to release our patients back into the wild.

EVENTS:

- Learning how to bandage teddy bears
- How to feed a baby animals station
- Nutrition Matching Games
- Skulls, Pelts, and other various animal artifacts

- Flip & Match Games Associated with wildlife rehabilitation
- How to help wildlife in your own backyard.

SCHEDULE:

- **Saturday: 11am, 1pm, and 3pm**
each show is approximately 30-45 minutes
- **Sunday: 10:15am, 12:15pm and 2:15pm** each show is approximately 30-45 minutes



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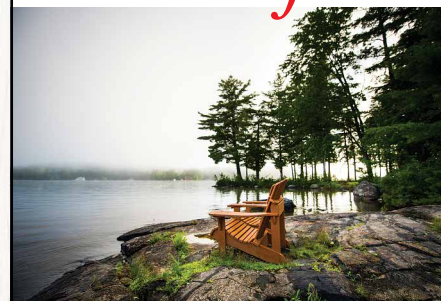
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